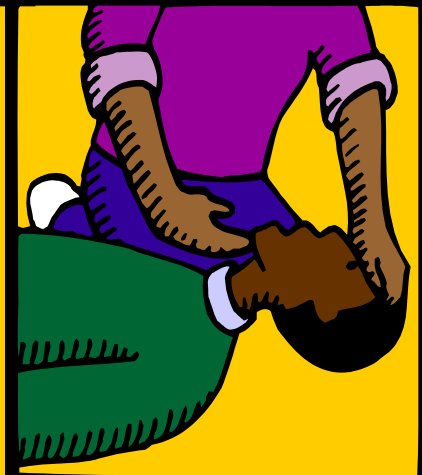


CASTRO VALLEY ADULT  
AND CAREER EDUCATION

# CPR CLASSES

For CVUSD District Employees

The American Heart Association



**FALL  
QUARTER**

*Learn essential life saving techniques!  
CPR class includes adult, child and infant CPR*

## CLASSES ARE SCHEDULED FOR:

August 24, 2010  
September 21, 2010

November 2, 2010  
December 7, 2010

## CLASS TIME:

4:00 - 9:00 p.m.  
*Class limited to 18 students*

## INSTRUCTOR:

Nora Crans, R.N.  
CVUSD Nurse

★ **Bring your own snack for break time refreshment**

## LOCATION:

Castro Valley Adult and Career Education  
4430 Alma Avenue, Castro Valley

## REGISTRATION ACCEPTED AT:

Castro Valley Adult and Career Education or by phone

**FEE:** CVUSD Employees can take this class for \$15 plus purchase of \$20 textbook. (Regular price for public is \$45 plus text.) Same textbook is used for both CPR and First Aid. Textbook must be purchased in the main office in advance of the class.

**CVUSD Certificated employees** may receive hour credit when they successfully complete the CVAS CPR class, if in advance of taking the course, the employee submits to Personnel a Notice of Intent, and an Application for Approval of Institutes, Workshop, and Seminars (green form) then after taking the class submits to Personnel a report or certificate from the instructor indicating hours of instruction.

**CVUSD Classified personnel** may receive professional growth credit for successfully completing the CVAS CPR class by receiving prior written approval from their supervisor and from the Personnel Office, then after completing the course submit to Personnel written verification from the instructor. See the CSEA contract for details.

→ SEE REVERSE SIDE FOR FIRST AID CLASS SCHEDULE →

# CASTRO VALLEY ADULT AND CAREER EDUCATION

## First Aid Classes

For CVUSD District Employees

## American Heart Association First Aid Course



### FALL QUARTER 2010

#### CLASS DATES:

- + Tuesday, October 5, 2010  
Tuesday, November 16, 2010

#### INSTRUCTOR:

Nora Crans, R.N.  
CVUSD Nurse

#### CLASS TIME:

- + 4:00 - 9:00 p.m.  
*Class limited to 18 students*

#### LOCATION:

Castro Valley Adult and Career Education  
4430 Alma Avenue  
(510) 886-1000

⇒ Bring a snack for break time

#### REGISTRATION ACCEPTED AT:

- + Castro Valley Adult and Career Education or by phone

**PRE-REQUISITE:** Must have a current CPR card

**FEE:** CVUSD Employees can take this class for \$15 plus purchase of \$20 textbook. (Regular price for public is \$45 plus text.) Same textbook is used for both CPR and First Aid. Textbook must be purchased in the main office in advance of the class.

CVUSD Certificated employees may receive hour credit when they successfully complete the CVAS First Aid class, if in advance of taking the course, the employee submits to Personnel a Notice of Intent, and an Application for Approval of Institutes, Workshop, and Seminars (green form) then after taking the class submits to Personnel a report or certificate from the instructor indicating hours of instruction.

CVUSD Classified personnel may receive professional growth credit for successfully completing the CVAS First Aid class by receiving prior written approval from their supervisor and from the Personnel Office, then after completing the course submit to Personnel written verification from the instructor. See the CSEA contract for details.

